



After School athletics PROGRAM

Weekly Athletic sessions are based on events such as:

Relay races
Long and triple jump
Hurdles
Long distance running
Flat sprints
Javelin
Shot put & Discus
Fun skill building activities
And more

- ✓ Friday's 3:15 - 4:30
- ✓ Years 3 - 6 are welcome
- ✓ Exciting Group Activities
- ✓ Skill Development

07789778264 →

**To book on any of our clubs
please contact Simon on the
below contact details:
Call or text - 07789 778264
Or email on:
simon.teamhorizon@gmail.com**



These weekly events will be a mix between training on the school playground and on the field.

Autumn term is £84 and 12 weeks long

If you would like to book on our Athletics club please get in touch with Simon on simon.teamhorizon@gmail.com

Numbers are limited so its on a 1st come 1st served basis



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www.teamhorizon.co.uk



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